



FEATURE FILM: DRAMA (2016)
ITALIAN VERSION WITH ENGLISH SUBTITLES



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CATTLEYA and RAI CINEMA
present

LET YOURSELF GO!

by FRANCESCO AMATO





“... What can happen when a stiff psychoanalyst with the cult of mind runs into a young personal trainer with the cult of the body?..”



LET YOURSELF GO

(LASCIATI ANDARE)

a CATTLEYA and RAI CINEMA Co-production

Directed by **FRANCESCO AMATO**
With: **Toni Servillo, Verónica Echegui, Carla Signoris, Luca Marinelli**
produced by: **Riccardo Tozzi, Giovanni Stablini, Marco Chimenz**

Scriptwriting: **Francesco Bruni, Davide Lantieri, Francesco Amato**
Cinematography: **Vladan Radovic**
Set Design: **Emita Frigato**
Costume Design: **Mariano Tufano**
Film Editing: **Luigi Mearelli**
Music: **Andrea Farri**

Italian Distribution: **01 DISTRIBUTION**

Credits not contractual



Elia is a Jewish psychoanalyst from a purely Freudian school of thought. Due to his austere and detached manner, he is reputed for immediately generating awe in his patients. Elia lives alone in a flat on the same floor as his ex-wife Giovanna, with whom he is still secretly in love. After a minor illness, his doctor prescribes an iron-rich diet and physical activity to lose a few extra kilos. That is how he chances upon Claudia, a personal trainer with the cult of physique but clearly not of mind...